

## HEALTHCARE PROVIDER INFORMATION

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# SUTAB<sup>®</sup>

(sodium sulfate, magnesium sulfate, and potassium chloride)  
Tablets

1.479 g/0.225 g/0.188 g



## The Dosing Regimen

SUTAB is a split-dose (2-day) regimen. A total of 24 tablets is required for complete preparation for colonoscopy. You will take the tablets in two doses of 12 tablets each. Water must be consumed with each dose of SUTAB, and additional water must be consumed after each dose.

### DAY 1, DOSE 1

The day **BEFORE** your colonoscopy

You are encouraged to **hydrate adequately before, during and after** taking SUTAB.

#### Swallow the 12 tablets with the first 16 ounces of water

The day before your colonoscopy, open the first bottle of 12 tablets and take SUTAB as described below.

**STEP 1** Open 1 bottle of 12 tablets.

**STEP 2** Fill the provided container with 16 ounces of water (up to the fill line). **Swallow 1 tablet every 1 to 2 minutes. You should finish the 12 tablets and the entire 16 ounces of water within 20 minutes.**



**IMPORTANT:** If you experience preparation-related symptoms (for example, nausea, bloating, or cramping), pause or slow the rate of drinking the additional water until your symptoms diminish.

#### Drink the additional two 16 ounces of water

**STEP 3** Approximately **1 hour** after the last tablet is ingested, fill the provided container again with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.

**STEP 4** Approximately **30 minutes** after finishing the second container of water, fill the provided container with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.

### DAY 2, DOSE 2

The day **OF** your colonoscopy

#### Swallow the other 12 tablets with another 16 ounces of water

- The day of your colonoscopy (5 to 8 hours prior to your colonoscopy and no sooner than 4 hours from starting Dose 1), open the second bottle of 12 tablets.
- Repeat STEP 1 to STEP 4 from DAY 1, DOSE 1.



**IMPORTANT:** You must swallow all tablets and drink all the water at least 2 hours before your colonoscopy.

(Please see the other page for additional instructions.)

## What to Eat the Day BEFORE Your Colonoscopy

Please follow a low residue diet and do not eat anything after starting the bowel prep. Eat what is permitted unless otherwise directed by your doctor.

### What You **CAN** Do

- You may have a low residue breakfast only. Low residue breakfast foods include eggs, white bread, cottage cheese, yogurt, grits, coffee, and tea.
- You may have clear liquids.

### What You **CANNOT** Do

- Do not drink milk or eat or drink anything colored red or purple.
- Do not drink alcohol.
- Do not take other laxatives while taking SUTAB® (sodium sulfate, magnesium sulfate, and potassium chloride) tablets.
- Do not take oral medications within 1 hour of starting each dose of SUTAB.
- If taking tetracycline or fluoroquinolone antibiotics, iron, digoxin, chlorpromazine, or penicillamine, take these medications at least 2 hours before and not less than 6 hours after administration of each dose of SUTAB.

### Liquids That Are **OK** to Drink

- Coffee or tea (no cream or nondairy creamer)
- Fruit juices (without pulp)
- Gelatin desserts (no fruit or topping)
- Water
- Chicken broth
- Clear soda (such as ginger ale)

### Note

- SUTAB is an osmotic laxative indicated for cleansing of the colon in preparation for colonoscopy in adults.
- Be sure to tell your doctor about all the medicines you take, including prescription and non-prescription medicines, vitamins, and herbal supplements. SUTAB may affect how other medicines work.
- Medication taken by mouth may not be absorbed properly when taken within 1 hour before the start of each dose of SUTAB.
- The most common adverse reactions after administration of SUTAB were nausea, abdominal distension, vomiting, and upper abdominal pain.
- Contact your healthcare provider if you develop significant vomiting or signs of dehydration after taking SUTAB or if you experience cardiac arrhythmias or seizures.
- If you have any questions about taking SUTAB, call your doctor.

**(Please see the other page for additional instructions.)**

## SPECIAL INSTRUCTIONS FROM YOUR HEALTHCARE PROVIDER

### LOCATIONS

#### 1- Pavilion Surgery Center

1140 W. La Veta Ave, 2nd floor

Orange, CA

714-771-8709

#### 2- St. Joseph Hospital of Orange

1100 W. Stewart Ave

Orange, CA

714-771-8123

## YOUR PROCEDURE

Time/Date: \_\_\_\_\_

Location: refer to list above

If you have any questions, please contact your healthcare provider at: 714-937-9400

*Please read the full Prescribing Information and Medication Guide in the kit.*

**To learn more about this product, please call 1-800-874-6756.**

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