

INSTRUCTIONS FOR ENDOSCOPY (EGD)

You are scheduled to have an endoscopy (EGD) on : _____ at

Pavilion Surgery Center
1140 W. La Veta Ave, 2nd floor,
Orange CA
714-771-8709

St. Joseph Hospital of Orange
1100 W. Stewart Ave,
Orange, CA
714-771-8123

These instructions will help you properly prepare for it.

EGD is an endoscopic procedure that allows your doctor to examine your esophagus, stomach and duodenum (part of your small intestine). EGD is an outpatient procedure, meaning you can go home that same day.

*****PLEASE READ INSTRUCTION FOR EGD BELOW CAREFULLY*****

Discontinue all blood thinning drugs (prescription and non-prescription);
5 days prior: Coumadin, Plavix, Pradaxa, Prasugrel, Brilintia, Cilostazol.
2 days prior: Xarelto, Eliquis

***REMEMBER!** The physician that prescribed your blood thinner medication **MUST** approve this action **BEFORE** you discontinue these medications when you are taking them or blood thinning.

*****YOU MAY NOT HAVE ANYTHING TO EAT OR DRINK AFTER MIDNIGHT PRIOR TO THE PROCEDURE*****

Day of the procedure:

- You may **NOT** have anything to **EAT OR DRINK**
- You **MUST** be accompanied by an adult who will remain in the facility and drive you home after your endoscopy. You may **NOT** work or drive 12 hours after the procedure. Plan on spending two to three hours at the facility.
- Wear comfortable clothing. Bring your glasses, hearing aids, insurance cards and completed informational forms, if applicable. Avoid bringing valuables.
- **Other Medications-**
 - If you take diabetic medication, you may take your PM medications the evening before, but **NOT** the morning of the procedure. Please take your blood pressure medication the morning of your procedure with a small sip of water.

Any questions or concerns, please contact our office at (714)937-9400.