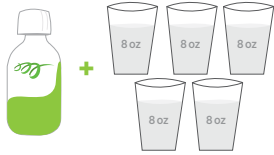


# HOW TO TAKE CLENPIQ: DRINK, HYDRATE, REPEAT

## SPLIT-DOSE REGIMEN

### Evening Before

Between 5-9 PM



Drink 5 cups (40 oz) or more of clear liquids.\*  
Finish liquids over the next 5 hours.

### Morning of

5 hours before procedure



Drink 4 cups (32 oz) or more of clear liquids.  
Finish liquids 2 hours before your colonoscopy  
or as advised by your doctor.



**Hydration is important and it's part of the prep.**  
Make sure to hydrate before, during, and after the prep.

## Prep Assistant

The time of your colonoscopy is \_\_\_\_\_:\_\_\_\_\_

Complete your prep and all hydration by \_\_\_\_\_:\_\_\_\_\_

**1**

**ON THE DAY BEFORE THE COLONOSCOPY, stop eating all solid food and dairy, and start hydrating by drinking clear liquids.**



**2**

### Evening before your colonoscopy

- Drink one bottle of CLENPIQ
- Hydrate

Drink 5 or more cups (8 oz each) of clear liquid.



Start: \_\_\_\_\_:\_\_\_\_\_

Finish: \_\_\_\_\_:\_\_\_\_\_

Check off the cups as you go!

**3**

### (5 hours before colonoscopy time)

- Drink the other bottle of CLENPIQ
- Hydrate

Drink 4 or more cups (8 oz each) of clear liquid.



Start: \_\_\_\_\_:\_\_\_\_\_

Finish: \_\_\_\_\_:\_\_\_\_\_

Check off the cups as you go!

\*After your first dose, if severe bloating, swelling, or stomach pain occurs, delay the second dose until the symptoms resolve.  
Please see reverse page for additional information about CLENPIQ, the importance of a clear liquid diet, and hydration.

### INDICATION

CLENPIQ<sup>®</sup> is a prescription medicine used by adults and children 9 years and older to clean the colon before a colonoscopy. CLENPIQ cleans your colon by causing you to have diarrhea. Cleaning your colon helps your healthcare provider see the inside of your colon more clearly during your colonoscopy.

### IMPORTANT SAFETY INFORMATION

- Do not take CLENPIQ if your healthcare provider has told you that you have serious kidney problems, a blockage in your intestine (bowel obstruction), an opening in the wall of your stomach or intestines (bowel perforation), a very dilated intestine (toxic megacolon), problems with the emptying of food and fluid from your stomach (gastric retention), or an allergy to any of the ingredients in CLENPIQ.
- CLENPIQ and other bowel preparations can cause serious side effects, including serious loss of body fluid (dehydration) and changes in blood salts (electrolytes) in your blood. These changes can cause abnormal heartbeats that may result in death, seizures (this can happen even if you have never had a seizure), or kidney problems. Your chance of having fluid loss and changes in blood salts with CLENPIQ is higher if you have heart problems, have kidney problems, or take water pills or non-steroidal anti-inflammatory drugs (NSAIDs).

See Important Safety Information continued on the back.



# CLENPIQ®

(sodium picosulfate, magnesium oxide, and anhydrous citric acid) Oral Solution

10 mg/3.5 g/12 g per 160 mL bottle

## WHAT IS CLENPIQ?

CLENPIQ is a prescription medicine that cleans your colon.  
CLENPIQ is ready for you to drink right from the bottle. It does not need to be mixed or diluted.  
Do not refrigerate or freeze CLENPIQ.

### What's in the CLENPIQ box?



Two bottles of CLENPIQ  
(5.4 oz each)



An 8 oz cup for drinking  
clear liquids



The Patient Medication Guide and the  
Instructions for Use for your reference

### Start Hydrating

On the day before your colonoscopy, start hydrating by consuming only clear liquids and stop eating all solid foods and dairy.

**Make sure to hydrate before, during, and after the prep.**  
*Follow your doctor's instructions completely.*

#### ACCEPTABLE CLEAR LIQUIDS FOR HYDRATING

Water	Ginger ale and other sodas
Black coffee or tea	Clear juices: such as apple or white grape juice
Clear broth or bouillon	Plain Jell-O
Sports drink	Frozen juice popsicle



**LIQUIDS MUST NOT BE RED OR PURPLE. DO NOT CONSUME ANY ALCOHOL, JUICE PULP, MILK, CREAM, SOY OR NON-DAIRY CREAMER, OR OTHER LIQUIDS YOU CANNOT SEE THROUGH.**

To learn more visit [CLENPIQ.com](http://CLENPIQ.com)

#### IMPORTANT SAFETY INFORMATION (CONTINUED)

- Your healthcare provider may do blood tests after you take CLENPIQ to check your blood for changes. Tell your healthcare provider right away if you have any of these symptoms resulting from a loss of too much body fluid (dehydration): vomiting, nausea, bloating, dizziness, stomach-area (abdominal) cramping, urinating less often than normal, trouble drinking clear liquids, troubles swallowing, seizures, or heart problems.
- CLENPIQ can cause ulcers of the bowel or bowel problems (ischemic colitis). Tell your healthcare provider right away if you have severe stomach-area (abdominal) pain or rectal bleeding.
- The most common side effects of CLENPIQ in adults include nausea, headache, high magnesium levels in your blood, dehydration or dizziness and stomach area (abdominal) pain. The most common side effects of CLENPIQ in children 9 to 16 years of age include nausea, vomiting and stomach area (abdominal) pain. These are not all the possible side effects of CLENPIQ. Ask your doctor or pharmacist for more information.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

Please see accompanying full Prescribing Information, including Medication Guide.